



Sheep May Safely Graze



Twelfth Annual Weekend Retreat for Knitters
Mount Saviour Monastery, Elmira, NY www.msaviour.org
January 16-19, 2015, Martin Luther King, Jr., Weekend

Registration is limited to 25 overnight guests and 15 day guests. Reservations can be made directly to quest@msaviour.org. Please indicate your days of attending as shown below.

When you arrive, you will receive a complimentary skein of monastery wool, to which you can add any extra wool you bring to make an item for sale in the bookstore. (Crocheting works too!) Bring any extra wool for a "destashing" exchange.

Agenda for the 2015 Retreat:



•(Optional Friday sessions for those arriving Thursday night - meals on your own)

•Workshop: Simple dyeing project* (Eve)



•Friday Evening: Light supper and intros

•Saturday:

•1-on-1 project instruction/coaching

•Workshop: Various ways to cast on and bind off (Eve)

•Workshop: Yoga (Deb)

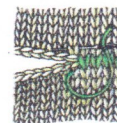
•Destashing

•Workshop: Finishing techniques* (Marisa)

•Massages: By appointment (Patricia)



Cast On



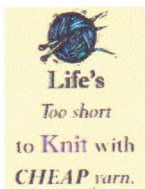
•Sunday:

•Dinner with the Monks after Sext

•Workshop: Japanese braiding workshop* (Jane)

•1-on-1 project instruction/coaching

•Massages: By appointment (Patricia)



Monday: Departure day

**More details on what to bring will be provided*

Cost: Price has not changed in 5 years. Checks should be made payable to Mount Saviour Monastery with a notation that it is for the Knitters' Retreat and either sent to the monastery in advance or brought with you when you arrive.

- \$200/overnight Friday-Monday (3 nights)
- \$50 optional Thursday night
- \$150/day guest
- \$75/Saturday only day guest